# "HOW TO" BOOKS

Consider adding a few preparedness books to your library – many possibilities below.

#### **BARTERING**

Survival Bartering by Duncan Long

#### **CANDLE MAKING**

Basic Candle Making: All the Skills and Tools You Need to Get Started (Basic Books

Series), by Eric Ebeling and Alan Wycheck

Candles, Naturally, by Kathy E?

Candlemaking for Fun & Profit, by Michelle Espino

The Candlemaker's Companion: A Complete Guide to Rolling, Pouring, Dipping, and

Decorating Your Own Candles, by Betty Oppenheimer

# **CAR CARE**

Auto Upkeep: Basic Car Care (Paperback), by Michael E. Gray (Author)

Car Care Basics, by "Car Care Basics" and Ramey Fulmer and Monte Steedley (Paperback - 2005)

\* Popular Mechanics Complete Car Care Manual: Updated & Expanded (Popular

Mechanics), by The Editors of Popular Mechanics (Hardcover - Oct 1, 2005)

Recipes for Car Care: Guide to Auto Health, by Kathleen E. Casagrande

# **CLEANING & SANITATION**

Clean and Green: Alternatives for hazardous cleaning products in your house, by Diane Yates

Clean & Simple: A Back-To-Basics Approach to Cleaning Your Home (The Clean Your House Safely and Effectively Without Harmful Chemicals: Using "from the Cupboard" Ingredients, by Randall Earl Dunford

Old Farmer's Almanac Home Library, Vol 6, No 6), by Ken Sheldon and Christine Halvorson (Paperback - Jan 1999)

Haley's Cleaning Hints, by Rosemary Haley and Graham Haley

Martha Stewart's Homekeeping Handbook: The Essential Guide to Caring for Everything in Your Home, by Martha Stewart

Organic Housekeeping: In Which the Non-Toxic Avenger Shows You How to Improve Your Health and That of Your Family, While You Save Time, Money, and, Perhaps, Your Sanity, by Ellen Sandbeck (Hardcover - May 9, 2006)

The Naturally Clean Home: 100 Safe and Easy Herbal Formulas for Non-Toxic Cleansers, by Karyn Siegel-Maier

#### COMMUNICATIONS

Passport to World Band Radio, New 2007 Edition (Passport to World Band Radio), by Lawrence Magne

Short Wave Radio Manuel, by Hugo Gernsback, Editor, and H. Winfield Secor, Associate Editor

#### **DISASTER PREPAREDNESS**

21st Century Disaster Handbook and Survival Guide – Authoritative Government Documents, Army Field Manuals, Disaster Preparedness Handbooks on Natural Disasters, Terrorism, and More (CD-ROM) by U.S. Government (CD-ROM - May 21, 2006) \$20

A Citizen's Guide to Terrorism Preparedness, by Armando Bevelacqua, Richard Stilp Individual Preparedness and Response to Chemical, Radiological, Nuclear, and Biological Terrorist Attacks: A Quick Guide, by Lynn E. Davis (Author), et al.

# FIRST AID/MEDICAL

Boy Scout First Aid Merit Badge book

\*First Aid and Emergency Preparedness Quick Reference Guide, by American Red Cross, spiral-bound, 2005

Natural First Aid: Herbal Treatments for Ailments & Injuries/Emergency

Preparedness/Wilderness Safety (Storey Medicinal Herb Guide), by Brigitte Mars Red Cross First Aid Manual

Emergency War Surgery: Third United States Revision, 2004 (Textbooks of Military Medicine), by Andy C. Szul (Editor), et al.

U.S. Armed Forces Nuclear, Biological and Chemical Survival Manual, by Dick Couch (Compiler), John Boswell (Author)

Where There is no Doctor (1994 edition) by David Werner, Thuman, Maxwell & Pearson Where There is no Dentist (1983) by Murray Dickson

#### **FISHING**

Fly Fishing for Beginners (The Freshwater Angler), by Chris Hansen (Hardcover - Dec 2002)

The Orvis Fly-Fishing Guide, Completely Revised and Updated with Over 400 New Color Photos and Illustrations (Orvis), by Tom Rosenbauer (Paperback - Jan 1, 2007) What Fish Don't Want You to Know: An Insider's Guide to Freshwater Fishing, by Frank P. Baron (Paperback - Aug 27, 2003)

# FOOD-DUTCH OVEN COOKING

(Hint: go to www.lodgemfg.com)

101 Things to do With a Dutch Oven (101 Things to Do with A...), by Vernon Winterton (Spiral-bound - Mar 10, 2006)

Chef John Folse's Cast Iron Cooking: An historical collection from America's culinary regions Cookbook, 104 pages, by Cajun/Creole Chef John Folse, past chairman of the American Culinary Federation, \$13

Dutch Oven Basics - Video, Runtime: 26 minutes, hosted by Dian Thomas \$10 Field Guide to Dutch Oven Cooking: From Novice to Champion (Spiral-bound), by International Dutch Oven Society (Author). Lodgemfg.com \$15 World Championship Dutch Oven Cooking, Cookbook, 88 pages, by Juanita & Mike

World Championship Dutch Oven Cooking, Cookbook, 88 pages, by Juanita & Mike Kohler, Pat & Wallace Kohler and Pat & Dick Michaud, \$10

#### FOOD—PRESERVATION

Ball Blue Book of Preserving, by Alltrista Consumer Products (Paperback - Jun 2004)
Ball Complete Book of Home Preserving: 400 Delicious and Creative Recipes for Today,
by Judi Kingry and Lauren Devine (Hardcover - April 14, 2006) \$20, paperback \$14
USDA Complete Guide to Home Canning, www.uga.edu
Putting Food By (Plume), by Janet Greene (Paperback - Feb 1, 1992)

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# FOOD—STORAGE

Eating Off the Grid: storing and cooking foods without electricity, by Denise Hansen (Author), Brenda Brooks (Contributor)

Emergency Food Storage & Survival Handbook: Everything You Need to Know to Keep Your Family Safe in a Crisis, by Peggy Layton (Author)

Prophetic Statements on Food Storage for Latter-Day Saints (1999) by Neil Leash

# Fresh vegetable/fruit storage:

Cold Storage for Fruits & Vegetables: Storey Country Wisdom Bulletin A-87, by John Storey and Martha Storey (Paperback - Jan 11, 1997)

\*Safe Home Food Storage, by the Texas Agricultural Extension Service,

www.uga.edu/nchfp/how/store/texas\_storage.pdf

\*Storing Vegetables at Home, by H. C. Harrison

www.uga,edu/nhfp/how/store/wisc\_vegetables.pdf

#### **FOOD STORAGE RECIPES**

301 Venison Recipes: The Ultimate Deer Hunter's Cookbook, by Deer and Deer Hunting Magazine and Deer Hunting Magazine (Plastic Comb - Oct 1992)

America's Favorite Wild Game Recipes: More than 145 Exceptional Recipes from Professional Chefs and Hunting-Camp Cooks (Hunting & Fishing Library), by Creative Publishing international

\*Cookin' With Beans and Rice, by Peggy Layton (Author)

\*Cooking with Chef Brad: Those Wonderful Grains II, by Brad E. Petersen, spiral-bound, \$13

Cookin' with Home Storage (Cookin' With Home Storage), by Peggy Layton (Author), Vicki Tate (Author)

King Arthur Flour Whole Grain Baking: Delicious Recipes Using Nutritious Whole Grains, by King Arthur Flour \$23

Marlene's Magic with Food Storage, by Marlene Petersen (Author)

Whole Grains Every Day, Every Way, by Lorna Sass \$22

Sproutman's Kitchen Garden Cookbook: 250 flourless, Dairyless, Low Temperature, Low Fat, Low Salt, Living Food Vegetarian Recipes, by Steve Meyerowitz, Michael Parman, and Beth Robbins (Paperback - Jul 1999)

Sprouts The Miracle Food: The Complete Guide to Sprouting, by Steve Meyerowitz, Michael Parman, and Beth Robbins (Paperback - Jul 1998)

The Spice and Herb Bible, by Ian Hemphill and Kate Hemphill (Paperback - Sep 14, 2006)

# **FRUGALITY**

Complete Tightwad Gazette, by Amy Dacyczyn

Frugal Families, by Jonni McCoy

Miserly Moms, by Jonni McCoy

The Complete Cheapskate, by Mary Hunt

Yankee Magazine's Living Well on a Shoestring: 1,501 Ingenious Ways to Spend Less for What You Need and Have More for What You Want, by The Editors of Yankee Magazine (Hardcover - Dec 1, 2000)

Your Money or Your Life, by Joe Dominguez and Vicki Robin

### **FUEL AND FUEL STORAGE**

Consumer Guide to Solar Energy, 3rd Edition, by Scott Sklar From the Fryer to the Fuel Tank: The Complete Guide to Using Vegetable Oil as an Alternative Fuel, by Joshua Tickell, Kaia Tickell, and Kaia Roman How to Build a Solar Hot Water System. (Plastic Comb)

Passive Solar Energy: The Homeowner's Guide to Natural Heating and Cooling, by Bruce Anderson and Malcolm Wells

The Complete Idiot's Guide to Solar Power for Your Home, by Dan Ramsey

The Homeowners Guide to Energy Independence: Alternative Power The Passive Solar Energy Book: A Complete Guide to Passive Solar Home, Greenhouse and Building Design, by Edward Mazria

Sources for the Average American, by Christine Woodside

# **GARDENING—VEGETABLES**

A History of Kitchen Gardening, by Susan Campbell

All New Square Foot Gardening: Grow More in Less Space!, by Mel Bartholomew Backyard Market Gardening: The Entrepreneur's Guide to Selling What You Grow (Good Earth), by Andrew W. Lee

Burpee: The Complete Vegetable & Herb Gardener: A Guide to Growing Your Garden Organically, (1997) by Karan Davis Cutler, Cavagnarok David, Barbara W. Ellis, and David Cavagnaro

Cold-Climate Gardening, by Lewis Hill

Gardening All-in-One for Dummies, by The National Gardening Association, Bob Beckstrom, Karan Davis Cutler, and Kathleen Fisher

Gardening When It Counts: Growing Food in Hard Times (Mother Earth News Wiser Living Series), by Steve Solomon

Heirloom Vegetable Gardening: A Master Gardener's Guide to Planting, Seed Saving, and Cultural History, by William Woys Weaver

Incredible Vegetables from Self-Watering Containers: Using Ed's Amazing POTS System, by Edward C. Smith (Paperback - Jan 1, 2006)

Indoor Vegetable Gardening: How to Grow Fresh Foods All Year Long by Bob Henrichsen New Illustrated Guide to Gardening, by Reader's Digest Editors

Rodale's All-New Encyclopedia of Organic Gardening: The Indispensable Resource for Every Gardene, by Fern Marshall Bradley and Barbara W. Ellis

Taylor's Guide to Heirloom Vegetables: A Complete Guide to the Best Historic and Ethnic Varieties (Taylor's Gardening Guides), by Benjamin A Watson

The Complete Vegetable & Herb Gardener, by Karan Davis Cutler, Burpee

\*The Vegetable Gardener's Bible: Discover Ed's High-Yield W-O-R-D System for All North American Gardening Regions by Edward C. Smith, hardback 2000 or paperback 2004 Seed Sowing and Saving, by Carole B. Turner

Vegetable Gardening: From Planting to Picking - The Complete Guide to Creating a Bountiful Garden, by Fern Marshall Bradley and Jane Courtier

Vegetable Gardening Illustrated, by Sunset Books, 1987

The Sustainable Vegetable Garden, by John Jeavons, Carol Cox,

#### **Hyrophonics**

How-To Hydroponics, Fourth Edition, by Keith F. Roberto

Hydroponics: Soilless Gardening Explained, by Les Bridgewood

Hydroponic Food Production: A Definitive Guidebook of Soilless Food-Growing Methods, by Howard M. Resh, Ph.D.

# **GARDENING—FRUITS & BERRIES**

Backyard Fruits and Berries: Everything You Need to Know About Planting and Growing Fruits and Berries in Your Own Backyard, by Miranda Smith (Hardcover - Dec 1994) Fruit, Berry and Nut Inventory: An Inventory of Nursery Catalogs Listing All Fruit, Berry and Nut Varieties Available by Mail Order in the United States, by Kent Whealy and Joanne Thuente (Paperback - Feb 2001)

Taylor's Guide to Fruits and Berries (Taylor's Weekend Gardening Guides), by Roger Holmes (Paperback - Feb 1996)

The American Horticultural Society Illustrated Encyclopedia of Gardening: Fruits and Berries, by Min S. Yee and Ron Hildebrand

The Backyard Berry Book: A Hands-On Guide to Growing Berries, Brambles, and Vine Fruit in the Home Garden, by Stella Otto

\*The Backyard Orchardist: A Complete Guide to Growing Fruit Trees in the Home Garden, by Stella Otto (Paperback - Jan 1995)

The Organic Home Garden: How to Grow Fruits and Vegetables Naturally, by Patrick Lima and John Scanlan

### **HANDWORK**

Embroidery & Cross Stitch (Country Crafts), by Craftworld Books (Paperback - Feb 2000)

HANDYMAN: see REPAIR

# **HOME SECURITY**

Home Security: Your Guide to Protecting Your Family (Better Homes and Gardens Books), by James A. Hufnagel, Paula Marshall, and Better Homes and Gardens Books Smart Homes for Dummies, Second Edition, by Danny Briere and Pat Hurley X10 Home Security System, by Michael Maikowski

#### **HOMESTEADING**

A Guide to Raising Chickens, by Gail Damerow

\*Back to Basics, by the editors of Reader's Digest

\*Backyard Livestock: Raising Good Natural Food for your Family, 3rd edition, by Steven Thomas \$15

Building a Multi-Use Barn, by John D. Wagner

Cisterns To Collect Non-Potable Water for Domestic Use, www.edis.ifas.ufl.edu/AE029 Cold-Climate Gardening, by Lewis Hill

Homesteading: A Practical Guide to Living Off the Land, by Patricia Crawford

Living on An Acre: A Practical Guide to the Self-Reliant Life, by U.S. Department. of Agriculture and Christine Woodside

Masonry Stoves: The Brick Oven Page,

www.heatkit.com/html/bakeoven.htm

Raising Milk Goats the Modern Way, by Jerry Belanger

Raising Rabbits the Modern Way, by Bob Bennett

Raising Sheep the Modern Way, by Paula Simmons

\*Storey's Basic Country Skills: A Practical Guide to Self-Reliance, by John and Martha Storey, 1999

The Beekeeper's Handbook, by Diana Sammataro & Alphonse Avitabile

The Complete Horse Care Manual, by Colin Vogel

\*The Contrary Farmer, by Gene Logsdon

The Encyclopedia of Country Living: An Old Fashioned Recipe, by Carla Emery, 2003 edition The Old Timer Page, www.waltonfedd.com/old/index.tml (spring house, ice house, root cellar, curing ham, salting meat, making butter, making sauerkraut, soap making, building a cistern, out house, recipes, well digging,)

The Rural Efficiency Guide, by R. C. Barnum Co, 1920s

\*The Self-sufficient Life and How to Live It, by John Seymour and Deirdre Headon

#### HUNTING

301 Venison Recipes: The Ultimate Deer Hunter's Cookbook, by Deer and Deer Hunting Magazine and Deer Hunting Magazine (Plastic Comb - Oct 1992)

America's Favorite Wild Game Recipes: More than 145 Exceptional Recipes from Professional Chefs and Hunting-Camp Cooks (Hunting & Fishing Library), by Creative Publishing international

Bowhunting Equipment & Skills: Learn From the Experts at Bowhunter Magazine (Hunting & Fishing Library), by Creative Publishing international (Hardcover - Jan 1, 1997)

Deer Hunting 101, by David B. Pruet (Paperback - Jan 2004

The Ultimate Guide to Elk Hunting, by Bob Robb and Gerald Bethge (Paperback - Jan 1, 2001)

# **LAUNDRY**

Laundry...The Way Granny Did It: An Emergency Preparedness Handbook,

by Kylie Jordan (Author), paperback, \$6

Laundry: The Home Comforts Book of Caring for Clothes and Linens, by Cheryl Mendelson (Hardcover - Oct 4, 2005)

Laundry: The Spirit of Keeping Home, by Monica Nassif and Patrick Fox (Hardcover - Mar 1, 2003)

# **NATURAL REMEDIES**

Healing Lyme: Natural Healing And Prevention of Lyme Borreliosis and Its Coinfections, by Stephen Harrod Buhner (Author)

Mayo Clinic Book of Alternative Medicine: The New Approach to Using the Best of Natural Therapies and Conventional Medicine, by Mayo Clinic (Hardcover - Jan 2, 2007) Natural First Aid: Herbal Treatments for Ailments & Injuries/Emergency

Preparedness/Wilderness Safety (Storey Medicinal Herb Guide), by Brigitte Mars (Author), 1999

\*The Green Pharmacy: The Ultimate Compendium Of Natural Remedies From The World's Foremost Authority On Healing Herbs (Green Pharmacy), by James A. Duke (Author), paperback \$8

Herbal Home Health Care (1976 Paperback) by John R. Christopher, \$14.95 School of Natural Healing, (1996 Hardcover) by John R. Christopher, \$35 \*Dr. Mom: A Guide to Baby and Child Care (1987) by Neifert, Price, & Dana, \$8 Herbal Legacy.com (Dr. Christopher, master herbalist)

#### **PLANTS OF THE WEST**

A Field Guide to Western Medicinal Plants and Herbs, by Steven Foster (Author), et al. Edible and Medicinal Plants of the West, by Gregory L. Tilford (Author), Michael Moore (Foreword)

Identifying and Harvesting Edible and Medicinal Plants in Wild (and Not So Wild) Places, by Steve Brill (Author)

Medicinal Plants of the Mountain West, by Michael Moore (Author)

The Encyclopedia of Edible Plants of North America, by Francois Couplan (Author), James Duke (Foreword)

#### **PREPAREDNESS**

72 Hour Family Emergency Preparedness, by Barry and Lynette Crockett A reviewer on Amazon.com, Arthur Bradley, rated seven preparedness books in order of importance:

1st: Crisis Preparedness, by Jack A. Spigarelli

2nd: Organize for Disaster, by Judith Kolberg

3rd: Making the Best of Basics, Family Preparedness Handbook, by James Talmage Stevens

4th: Preparedness Now!, by Aton Edwards

5th: No Such Thing as Doomsday, by Philip L. Hoag, revised in 2001

6th: Emergency Food Storage and Survival Handbook, by Peggy Layton

7th: Disaster Preparedness for Dummies, DVD

Dare to Prepare, by Holly Deyo, paperback, 2005, \$34

Disaster Prep 101: The Ultimate Guide to Emergency Readiness, by Paul Purcell, book with 2-CDs

Emergency Preparedness: A Practical Common-Sense Guide, by Evan Gabrielsen

Making the Best of Basics, by James Talmage Stevens, 1997

Roughing It Easy, by Dian Thomas

Use It or Lose It, USU Extension publication, by Rebecca Low and Deloy Hendricks,

http://extension.usu.edu/files/publications/publication/FN\_503.pdf

# REPAIR—HANDYMAN

Ask the Family Handyman, by Reader's Digest Editors Handyman In-Your-Pocket, by Richard Allen Young and Thomas J. Glover How a house works (Family Handyman), by Family Handyman Magazine editors

The Family Handyman: Helpful Hints: Quick & Easy Solutions / Time-Saving Tips / Tricks of the Trade (Family Handyman), by Reader's Digest

# SEWING

Fine Machine Sewing Revised Edition: Easy Ways to Get the Look of Hand Finishing and Embellishing, by Carol Laflin Ahles (Paperback - Feb 1, 2003)

More Fabric Savvy: A Quick Resource Guide to Selecting and Sewing Fabric, by Sandra Betzina (Spiral-bound - Sep 1, 2004)

Sewing 101: A Beginner's Guide to Sewing, by Creative Publishing international and The editors of Creative Publishing international (Spiral-bound - Dec 2002)

Sewing for Plus Sizes: Creating Clothes that Fit and Flatter (Paperback), by Barbara Deckert (Author)

Sew With Confidence: A Beginner's Guide to Basic Sewing, by Nancy Luedtke Zieman (Paperback - Sep 22, 2004)

Simply Sewing (Kids Can Do It) (Paperback), by Judy Sadler (Author), Jane Kurisu (Illustrator)

Step-by-Step Sewing Course: Essential Techniques for Making Over 150 Creative Home Projects by Karen Hemingway (Hardcover - Jan 19, 2006), Reader's Digest

Teach Yourself VISUALLY Sewing (Teach Yourself Visually), by Debbie Colgrove (Paperback - April 24, 2006)

The 'Business' of Sewing: How to Start, Maintain and Achieve Success, by Barbara Wright Sykes (Paperback - Oct 5, 2005)

The New Sewing Essentials (Singer Sewing Reference Library), by The Editors of Creative Publishing international (Paperback - Jan 1, 1998)

#### SOAP MAKING

300 Handcrafted Soaps, by Marie Browning

Clean, Naturally: Recipes for Body, Home & Spirit, by Sandy Maine \$17

Making Scented Soap: 60 fragrant soaps and bath bombes to make at home, by Linda Hamblen (Hardcover - May 28, 2003)

Miller's Homemade Soap pages, by Kathy Miller, www.millersoap.com

Soap Making, www.waltonfeed.com/old/soaphome.html

Smart Soapmaking: The Simple Guide to Making Traditional Handmade Soap Quickly, Safely, and Reliably, or How to Make Luxurious Handcrafted Soaps for Family, Friends, and Yourself, by Anne L. Watson (Paperback - Jan 1, 2007)

Soap Making for Fun and Profit, by Maria Given Nerius

Soap: Making It, Enjoying It, by Ann Bramson (Paperback - Jan 4, 1975)

Soothing Soaps: For Healthy Skin, by Sandy Maine

The Complete Soapmaker, by Norma Coney

The Natural Soap Book: Making Herbal and Vegetable-Based Soaps, by Susan Miller

Cavitch (Paperback - Jan 8, 1995)

The Soap Book: Simple Herbal Recipes, by Sandy Maine

# **SURVIVAL**

Primitive Wilderness Living & Survival Skills: Naked into the Wilderness, by John McPherson (Author), Geri McPherson (Author)

Sense of Survival, by A. South (Author)

The Back-Country Kitchen: Camp Cooking for Canoeists, Hikers, and Anglers (Paperback), by Teresa Marrone (Author) 1996

\*The Backpacker's Field Manual, Revised and Updated: A Comprehensive Guide to Mastering Backcountry Skills, by Rick Curtis (Paperback - May 24, 2005) Wilderness Survival, by Gregory J. Davenport (Author)

# **TOILETRIES—HOMEMADE**

How to Make Your Own Organic Cosmetics: Soap and Scent: Recipes for Natural Beauty (How to Make Your Own Organic Cosmetics), by Gill Farrer-Halls (Paperback - Oct 1, 2004)

Making Aromatherapy Creams and Lotions: 101 Natural Formulas to Revitalize & Nourish Your Skin, by Donna Maria (Paperback - Jul 15, 2000)

Natural Beauty at Home: More Than 250 Easy to Use Recipes for Body, Bath, and Hair (Revised Edition) (Paperback), by Janice Cox (Author) Aug 2002

Natural Bodycare: Recipes for Health & Beauty (Paperback), by Julia Meadows (Author), William B. Dewey (Photographer) paperback, April 2000

The Herbal Home Spa: Naturally Refreshing Wraps, Rubs, Lotions, Masks, Oils, and Scrubs (Herbal Body), by Greta Breedlove (Paperback - Jan 3, 1998)

# WATER

Cottage Water Systems: An Out-of-the-City Guide to Pumps, Plumbing, Water Purification, and Privies,, by Max Burns (Paperback - Jan 1, 1999)
How to purify water in an emergency.(includes related article on livestock water needs): An article from: Countryside & Small Stock Journal (Digital - Jul 28, 2005) — Emergency Disinfection of Drinking Water, ww.epa.gov/safewater/faq/emerg.html Hygiene & Water Purification, Chapter 4, from *The Backpackers Field Manual*, by Rick Curtis

The Home Water Supply: How to Find, Filter, Store, and Conserve It, by Stu Campbell (Paperback - Jan 10, 1983) Water Supply and Water Purification Technical Manual # 5-295, by the U.S. War

Department and b/w Illustrations (Paperback - 1942)